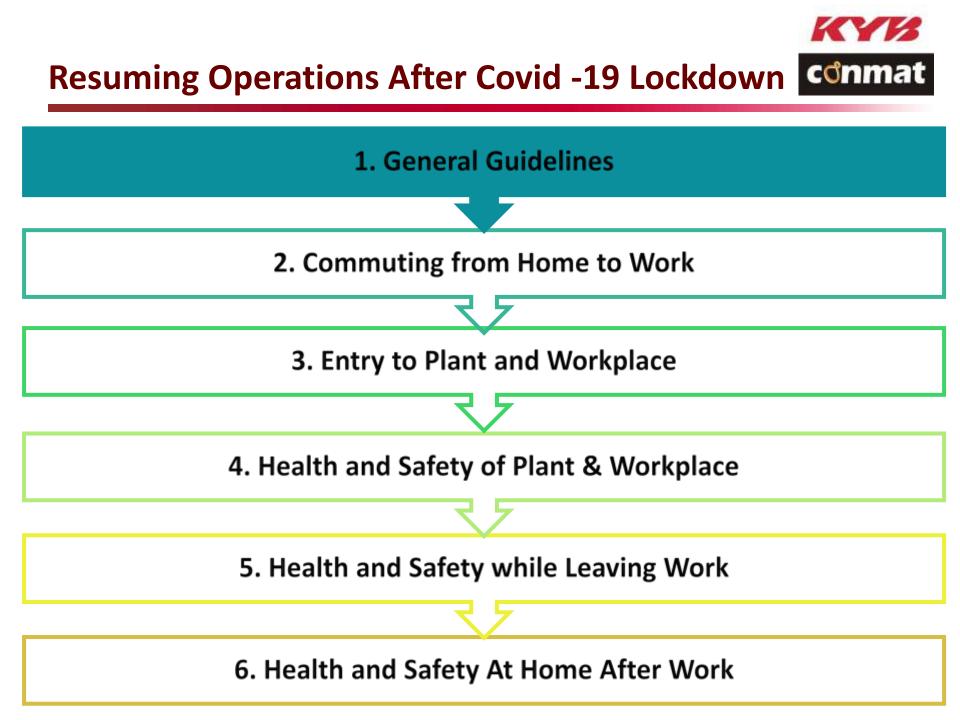
Resuming Operations After Covid -19 Lockdown





- Do not shake hand with
- Wear mask in public places. anybody or hug anybody.

- **Download Arogya Setu Govt App and** do Self assessment
- मैं सुरक्षित | हम सुरक्षित | भारत सुरक्षित

Aarogya Setu



Not wearing mask in public

places is punishable offence.











Removing a mask



1. Grab ear loops only and lift the mask off ears



2. Pull bottom of the mask off away from chin and mouth

3. if you plan to reuse the mask right away, place it in a clean paper bag so it will not contaminate other surfaces. Otherwise place directly into your washing machine and follow the instruction

- 4. If it is single use mask, discard it directly into garbage.
- 5. Clean hands with soap and water or alcoholic based hand sanitizer

Home cleaning instruction for reusable mask

- 1. Launder the mask after use in your washing machine in hot water using soap or detergent that leaves no residues.
- 2. Dry in your hot dryer





• Social Distancing is the key

- SOCIAL DISTANCING
- Do not Spit in public places.
 Spitting in Public places is punishable offence





- <u>Do not Share</u> your Personal Belongings.
- <u>Do not touch</u> your Eyes, Nose and Mouth.







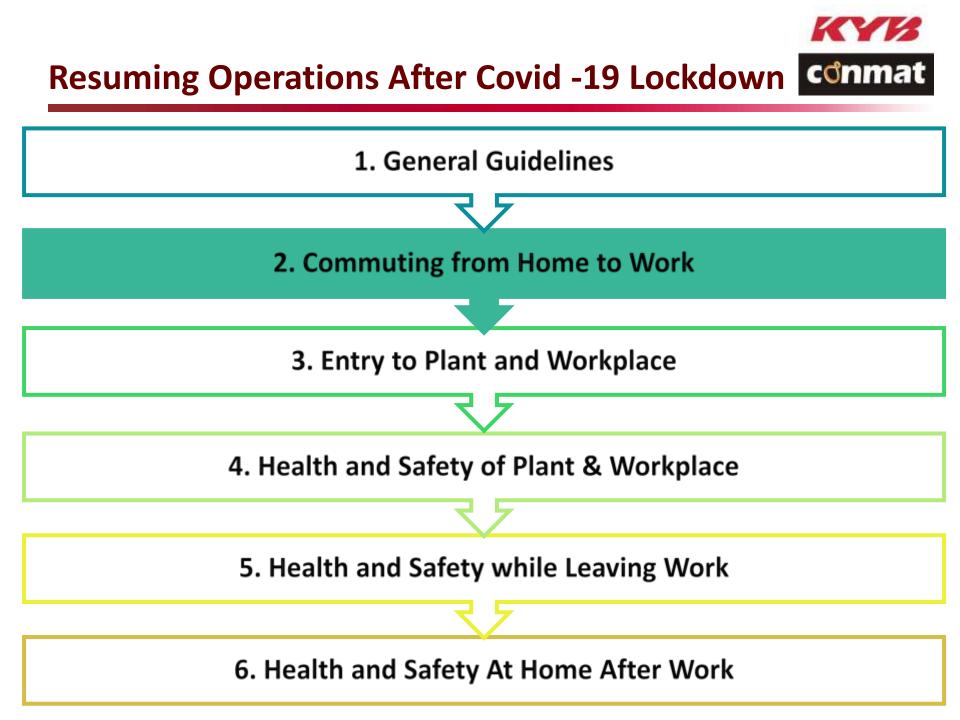
 <u>Cover your nose & mouth</u> with tissue or elbow while sneezing.





• <u>Clean your hands</u> with soap and water frequently.





2. Commuting from home to work



- <u>Wear your face mask</u> covering your nose and mouth before you leave your house
- If you commute by walk Practice social Distancing



2. Commuting from home to work



 <u>If you commute</u> by Two wheeler avoid Pillion Riding



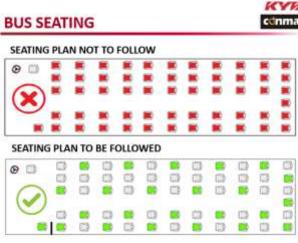
If you commute by four wheeler sit diagonally to the driver and maintain social distance.



2. Commuting from home to work



If you Commute by company bus







Key Points:

- Sanitize your hand before embarking the bus and while leaving the bus.
- First person to board the bus should occupy the last seat and last person to occupy first seat.
- Alternate sitting arrangement is to be ensured. Arrangement has been displayed in bus.
- Mask must be worn continuously during the journey.
- Windows must be kept open all times.

Resuming Operations After Covid -19 Lockdown Conmat 1. General Guidelines 2. Commuting from Home to Work 3. Entry to Plant and Workplace 4. Health and Safety of Plant & Workplace

5. Health and Safety while Leaving Work

6. Health and Safety At Home After Work

3. Entry to Plant and Workplace



Entering the Company Premise

Key Points:

• After Getting down from the bus, strictly stand in the yellow circle marked at KYB Conmat gate to maintain social distance.





- Get your body temperature scanned.
- Sanitize your hand before entering company premises.
- Employees entering first time need to fill self declaration form at the gate.



AVOID Touching and Crowds





Resuming Operations After Covid -19 Lockdown Conmat

3. Entry to Plant and Workplace

4. Health and Safety of Plant & Workplace

5. Health and Safety while Leaving Work

6. Health and Safety At Home After Work









Key Points:

- Biometric attendance system is disabled.
- Sanitize your Laptop / desktop and workplace before leaving and during the shift.
- Do not share stationary likes stapler, pen, punch machine etc.



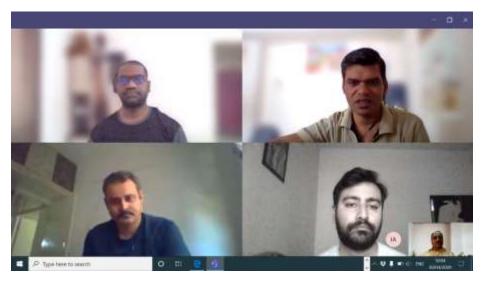




Key Points:

• Chewing Gutka, Tobacco, spitting and smoking in company premises is strictly prohibited and is punishable offence.





Virtual Meeting



Key Points:

 Arrange virtual meetings instead of physical meetings (meeting in person). If physical meetings are necessary, call minimum possible person and maintain distance.





Working at Shop Floor





Key Points:

- Workshop meetings to be conducted maintaining social distance
- Wear mask all the time
- PPE for safety is mandatory
- Person must stand at designated place for operating machine





Tea breaks / Water

Key Points:

- Bring your water bottle and keep it with you. Fill from water station if required.
- Use disposable cups for tea. Do not form groups while taking tea.

Canteen Norms

- Canteen premises will be disinfected daily.
- Lunch table, seats and other touch points will be disinfected before lunch time and between each batch.
- At present no lunch / dinner will be provided, bring your food with you.
- No drinking water facility at canteen, carry your water bottle.





Canteen Norms

Key Points:

- Staggered lunch breaks to be observed. Batch and timings will be displayed at canteen board.
- Do not use seat where cross (X) is marked to maintain social distance.
- Do not share your eatables with other.
- Going outside for food or ordering food from outside is not allowed.
- Do not talk while taking food as you will be without mask at that time.
- Go to canteen with your mask. While having food remove your mask and keep it in plastic bag.
- Wash your hand with soap and water thoroughly before and after lunch for at least for 20 second.
- Do not wash your lunch box at canteen wash basin.
- Maintain social distancing while waiting for washing hand.



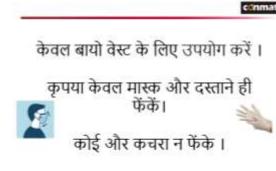


Collection and disposal of PPE

Key Points:

- Any type of PPE for COVID19 must be thrown at designated yellow colored dust bin.
- Only authorized person should collect all the used PPE for COVID19 from yellow color bins at intervals and arrange to dispose off the same as per Bio Medical Waste Management (BMWM) guild lines.









Sanitization of Workplace

















Sanitization of Workshop









Keeping Social Distance: Seating Arrangements to maintain 1.5 m



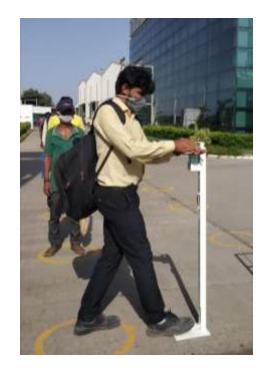




<u>Provision to</u>
 <u>open door with</u>
 <u>foot</u>



Foot operated Hand sanitizer dispenser



Provision for washing hands at different locations





Resuming Operations After Covid -19 Lockdown

3. Entry to Plant and Workplace

4. Health and Safety of Plant & Workplace

5. Health and Safety while Leaving Work

6. Health and Safety At Home After Work

conmat

5. Health & Safety while leaving work

After Shift completion proceed to gate





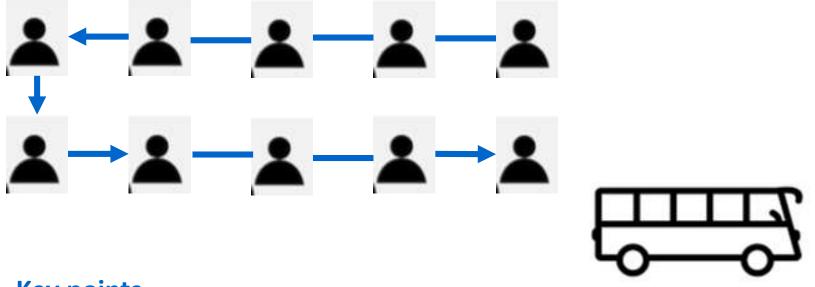
Key points:

- Keep the face mask on
- Keep social distancing of 1.5 m following
- Get your body temperature scanned

5. Health & Safety while leaving work



At bus pick up point



Key points

- Stand in queue at the boarding point maintaining social distancing of 1.5 m
- Board the bus one by one maintaining social distancing
- Follow the seating procedure as instructed in the bus
- Keep the windows Open

Resuming Operations After Covid -19 Lockdown Commat

- 3. Entry to Plant and Workplace
- 4. Health and Safety of Plant & Workplace

5. Health and Safety while Leaving Work

6. Health and Safety At Home After Work

6. Health & Safety at home after work



After Reaching home







Key points

- Wash your hands and foot by soap and water outside the home before entering.
- Also wash / sanitize your belongings and wash hand again.
- After entering home, without touching anything take bath with shampoo, soap and water.

6. Health & Safety at home after work



After Reaching home



Key points

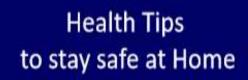
- Keep your clothes in water and put detergent in that. Wash your clothes separately and dry it in sunlight.
- Do not touch anyone in family especially children below 5 years and elders above 65 years unless you sanitize yourself by taking proper bath

6. Health & Safety at home after work



While at home with your family

Follow the below 8 heath tips for safe stay at home





Wash hands with soap and water for 20+ seconds each time.



Avoid touching your eyes, nose and mouth with unwashed hands.

Drink 5-6 glasses of hot water a day Steam for few minutes daily Wash your hands often



Stay home from work or school if you are sick.



Avoid close contact with people who are ill.



Cover your mouth and nose with a tissue when you cough or sneeze.



Throw away tissues after coughing, sneezing or blowing your nose.



Clean and disinfect surfaces that are frequently touched.





